

FANNP NEWS



INSIDE: ELECTION RESULTS • LETTER FROM THE PRESIDENT • LEGISLATIVE UPDATE • POCKET NOTEBOOK: PIERRE ROBIN SEQUENCE • BRAG BOARD • FOOD FOR THOUGHT: PRETERM BIRTH RATES HIGHEST SINCE 2007 • CONFERENCE UPDATE • EDUCATIONAL OPPORTUNITIES • KIM NOLAN AND SCHOLARSHIP RECIPIENTS • BRING IT ON AND MORE...

The Publication of the Florida Association of Neonatal Nurse Practitioners



FANNP 2022 Conference *Wrap-up*



More photos on pages 6-7

Letter from the President

Hello FANNP Members!

I hope that this newsletter finds you enjoying the holiday season. At the time of writing this newsletter, I am preparing for Thanksgiving at my home. I have so much to be grateful for, including this year's wonderful 33rd FANNP Symposium! I want to sincerely thank everyone for attending the Symposium and supporting FANNP. We were so glad to see so many friends and meet new colleagues in beautiful Clearwater Beach. We received great feedback about this year's event and are busy planning for next year's educational and networking events. Remember, your Symposium fee grants you access to both tracks via on-demand learning, ultimately providing you with double the CEU's! That is a win for everyone!

This year's Annual Business Meeting Brunch was a

highlight of the conference. We heard from each of our committees and the work our members are engaged with to improve neonatal care. If you are looking for



Colleen Reilly Moss

a way to be involved with FANNP, there are several opportunities on each of our committees. Please check out the committee highlights in our newsletter and reach

out to the committee chair if you would like to join in their work. The heart of our organization is the amazing group of volunteers that have a passion for FANNP – they are an excellent example of what servant leadership is all about!

Speaking of amazing volunteers – we announced our newest Board of Directors and Members-at-Large at the annual business meeting. Sheryl Montrowl, Anecia Carter, and Jacqui Hoffman will continue in the roles of Treasurer, Secretary, and Member-at-Large (respectively). Our President-Elect is Jennifer Humphries. Our newest Members-at-Large are Gayla Kaye-Steed, Patrick McRae, and Stephen Stoever. We welcome and congratulate everyone; I look forward to working with y'all!

Did you know we have funds dedicated to sup-

porting our nurse scholars? FANNP offers scholarships for members pursuing master's or doctorate degrees. In 2022, we awarded FIVE scholarships to deserving students! Scholarships are awarded yearly at the FANNP symposium, and the funds can be used for tuition, books, or any expenses incurred while in school. In addition to scholarships, FANNP accepts applications for grant funds throughout the year. You can find out about these opportunities and additional information on our website. FANNP is committed to supporting neonatal nurses and nurse practitioners as they achieve their professional goals. Mentors – please encourage a student you know to apply!

Did you know that FANNP has open board meetings? Our next board meeting is scheduled for January 16, 2023 at 2:30pm EST via Zoom. Please consider joining us to help achieve our mission and provide connections that allow us to grow our network of NNPs. Please also mark your calendars for our 34th Annual National Neonatal Nurse Practitioner Symposium: Clinical Update and Review on October 10-14, 2023 in beautiful Clearwater, Florida. Happy Holidays from your friends at FANNP!

Sincerely,
Colleen Moss, DNP, APRN,
NNP-BC
President, FANNP
Colleen.moss@vanderbilt.edu

THE FLORIDA ASSOCIATION OF NEONATAL NURSE PRACTITIONERS

BOARD OF DIRECTORS

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Gayla Kaye-Steed
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Christa Smith

CO-EDITOR

Barbara Reyna

SOCIAL MEDIA CHAIR

Gayla Kaye-Steed

FANNP Board of Directors Election Results

FANNP's biennial Board of Director election was held in October. An excellent, well-qualified slate of candidates was presented to lead FANNP forward for the next two years.

Please congratulate the newly elected board members representing Neonatal Nurse Practitioners from throughout the United States. They will assume office in January 2023.

Election results are as follows:

President-Elect

Jennifer Humphries

from Northport, Alabama has been part of the FANNP leadership team, Research Committee and Conference Planning Committee. The President-Elect serves in this role for one year and assumes the role of President the following year.



Treasurer, Sheryl Montrowl from Gainesville, FL. Sheryl has served as the Treasurer for FANNP for over ten years.



Secretary, Anecia Carter has shared her time as FANNP Secretary for nearly six years. She is from Allentown, Pennsylvania.

Board Members-At-Large



Stephen Stoever
from New York,
New York



Patrick McRae
from Ponte Vedra,
Florida



Gayla Kaye-Steed from Olive Branch, Mississippi



Jacqueline "Jacqui" Hoffman from Washington, Washington

Colleen Reilly Moss will continue for another year as President of FANNP. FANNP thanks the departing members of the Board of Directors for their time and service: **Mary Beth Bodin** from Tuscaloosa, AL, **Paula Timoney** from St. Petersburg, FL, and **Harry Vannus** from Pleasant Hill, OH. Although they are leaving their positions on the BOD, we will not lose their expertise and knowledge. They will remain as part of FANNP leadership serving on many of our committees and conference planning.



A Note About Our New Contributors to the FANNP Newsletter

Alex Buck will be helping with overall editing of articles. In this edition, she edited Pocket Notebook. Here is a little bit about Alex:

Hello! My name is Alex Buck and I am originally from Bismarck, ND where I was a NICU Nurse for 10+ years; I was also a NICU Educator, NRP instructor and dabbled as an RN Clinical Educator in Simulation. I recently moved to Tennessee after accepting my first NNP job at Monroe Carell Jr. Children's Hospital at Vanderbilt. My dog Briggs, a Wheaton Terrier Labradoodle, and I now call Spring Hill, TN home and are loving the warmer weather. I enjoy traveling, hiking, reading, movies, going to the lake, concerts and sporting events and spending time with family and friends.

Barbara Reyna is our new Co-Editor of the newsletter. She has worked on several articles for this edition.

Dr. Barbara Reyna has 40 years of neonatal experience. She has practiced as a NNP for 35 years at the Children's Hospital of Richmond at VCU Health System in Richmond, Virginia. She is also an associate professor and NNP program coordinator at the University of VA in Charlottesville. She enjoys the mix of clinical time in the NICU and teaching graduate APN students. Her special interests include infant oral feeding and exploring innovative ways to teach and promote student engagement. She has published extensively and presented at local and national conferences. In her spare time Barbara enjoys reading, camping, and visiting the many wineries in Virginia.

Thank you so much for your contributions Alex and Barbara!

Brag



Board

A huge congratulations to the FANNP Conference Planning Committee on another successful conference. They just keep getting better! Your hard work has paid off and we want to thank you not only for your dedication to the education of new and current NNPs, but for making it fun in the process!

FANNP Planning Committee:

Mary Kraus, Conference Chair
Jacqui Hoffman, Speaker Co-Chair
Colleen Moss, Speaker Co-Chair
Paula Timoney, Virtual Conference Platform Coordinator
Harry Vannus, Exhibits and Sponsor Coordinator
Jennifer Humphries, Poster Session Coordinator
Christa Smith, Beach Party Planning
Gayla Kaye-Steed, Beach Party Planning
Karen Theobald, Registration
Terri Marin • Diane McNerney
Sheryl Montrowl • Leslie Parker

Congratulations to **Dr. Leslie Parker** on her publication titled, "Donor Human Milk is Not the Solution" which can be found in the December 2022 edition of *Advances in Neonatal Care*.

"Although DHM (donor human milk) and MOM (mother's own milk) are often considered interchangeable, evidence clearly supports the superiority of MOM in terms of protection against prematurity-related complications. Pasteurization of DHM reduces and/or eliminates many of the protective elements, including immunoglobulins, cytokines, and growth factors, as well as destroys the commensal microbiota. Furthermore, due to diminished protein content and decreased fat absorption from inactivation of bile salt-stimulating lipase by pasteurization, infants fed DHM are at risk for suboptimal growth. Finally, some studies suggest that the availability of



DHM in NICUs may reduce MOM consumption in preterm infants. Thus, our focus should clearly be on increasing the amount of MOM consumed by infants in the NICU

and this requires a systematic, multidisciplinary approach beginning antenatally and including both maternal and neonatal services."

Dr. Parker also has an Evidence Based Practice Brief she co-authored in this same edition titled, "Ultrasound to Verify Gastric Tube Position in Infants and Children: A Systematic Review". Way to go, Dr. Parker!

Parker, Leslie A. PhD, APRN, FAAN. Donor Human Milk Is Not the Solution. *Advances in Neonatal Care*: December 2022 - Volume 22 - Issue 6 - p 485-486

doi: 10.1097/ANC.0000000000001052

Manzo, Bruna Figueiredo PhD, MSN, RN; Marcatto, Juliana de Oliveira PhD, RN; Ribeiro, Bruna Ferreira RN; Oliveira, Thayane Gusmão P. RN; Gomes, Vitorio Guedes RN; Caldas, Jamil Pedro de Siqueira PhD; Parker, Leslie A. PhD, APRN, FAANP, FAAN.

Ultrasound to Verify Gastric Tube Position in Infants and Children: A Systematic Review. *Advances in Neonatal Care*: December 2022 - Volume 22 - Issue 6 - p 531-538

doi: 10.1097/ANC.0000000000001000

Congratulations to **Dr. Terri Marin** on being named Neonatal Editor for the *Journal of Perinatal & Neonatal Nursing*. Dr. Marin has been internationally recognized as a neonatal nursing research expert and has served



as editorial board member for the *Journal of Perinatal & Neonatal Nursing* since 2017. Dr. Marin has also served as guest editor for the Microbiome issue in 2019. We are proud of you, Dr. Marin!

Additional kudos to **Dr. Colleen Moss** for her publication titled, "Perceptions of Motivating

Factors and Barriers to Precepting" in the November 2022 edition of the *Journal of the American Association of Nurse Practitioners*. Great work, Dr. Moss!

Boyce DJ, Shifrin MM, Moses SR, Moss CR. Perceptions of motivating factors and barriers to precepting. *J Am Assoc Nurse Pract*. 2022 Nov 1;34(11):1225-1234. doi: 10.1097/JXX.0000000000000788. PMID: 36367242.

Jessica Gomez has been awarded a FANNP grant for her dissertation study titled "Feasibility of Bedside Pumping for Mothers of Preterm Infants in the Neonatal Intensive Care Unit". The overall objective of this mixed-methods prospective feasibility study is to evaluate if frequent bedside pumping changes the mother's experience of breastfeeding in the NICU or impacts the amount of MOM fed to the preterm infants born at ≤ 32 weeks' gestation during the first month of life or until discharged from the NICU. Jessica is a PhD student at the University of Texas Health Houston Cizik School of Nursing and is also a NNP at UT Health Houston Division of Neonatology. Congratulations Jessica and we look forward to hearing about your significant research findings!

Do you have a colleague, mentor, or student that you'd like to recognize for the Brag Board section of the newsletter? Or maybe you're the one doing some amazing work in the neonatal realm! Brag about it! Please email newsletter@fannp.org to share these accomplishments.



Congratulations to the 2022 Kim Nolan Spirit Award Recipient

The 2022 recipient of the Kim Nolan Spirit Award is Gayla Kaye-Steed. As a long-time member of FANNP, Gayla has been encouraging students, networking with professionals, and lending a helping hand where needed within the organization even before being in an “official” role. She has been active in FANNP as Social Media Chair, Co-Editor of the quarterly newsletter, and most recently, as President. Gayla has served honorably and enthusiastically as President for the years 2020-2021. She served during an extremely difficult time for us all, with lockdowns and Covid restrictions in full force, mounting stress and pressure on the nursing profession, and an overall period of unease in the world. With the help of the BOD and the Conference Planning Committee, she led the organization to its first all virtual conference, proving that FANNP remains committed to providing outstanding educational opportunities for all even in difficult circumstances. Not only was the conference a huge success, but it was truly a bright spot during this global pandemic. During her tenure as president, Gayla offered her guidance, direction, humor, knowledge, and loyalty to her colleagues on the board, other FANNP members, and NNP students. Gayla possesses a warmth and friendliness that draws people in around her.

Gayla completed her MSN at the University of Tennessee Health Sciences Center in Dec. 2005 and has worked as a Neonatal Nurse Practitioner since 2006. She is dedicated to her patients and their families in her practice as NNP and is a mentor to NNP students as well as Neonatal Nurses. She is dedicated to her community, her family, and is a mother of 5 amazing (now mostly grown) kids!

While Gayla may have completed her tenure as President-elect, President and Past President (a 4-yr commitment), she will remain on the BOD as an At-Large Member.

Congratulations Gayla!



EDUCATIONAL OFFERINGS 2023

2023 AANP Health Policy Conference

January 29-31, 2023

Grand Hyatt Washington
Washington, DC

<https://www.aanp.org/events/2023-hpc>

Neo Conference

February 22-24, 2023

Las Vegas, NV

www.neoconference.com

Spring Advanced Practice Nurses Neonatal Conference

April 26-29, 2023

Hilton Hawaiian Village
Honolulu, HI

<https://www.academyonline.org>

AWHONN Convention

June 17-21, 2023

New Orleans, LA

<https://www.awhonnconvention.org>

AANP National Conference

June 20-25, 2023

New Orleans, LA

<https://www.aanp.org>

Fall Advanced Practice Nurses Neonatal Conference

September 6-9, 2023

Bally's Hotel and Casino
Las Vegas, NV

<https://www.academyonline.org>

39th Annual NANN Conference

September 26-28, 2023

Anaheim, CA

<https://www.nann.org/education>

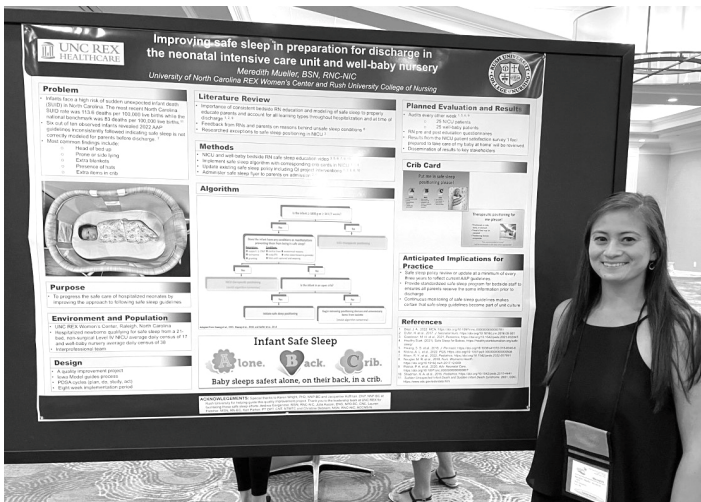
The 34th FANNP Neonatal Nurse Practitioner Symposium: Clinical Update and Review

October 10-14, 2023

Sheraton Sand Key
Clearwater Beach, FL

www.fannp.org





FANNP's National Neonatal Nurse Practitioner Symposium: Clinical Update and Review, 2023 POSTER & PODIUM PRESENTATION Call for Submissions

SUBMISSION DEADLINE: June 15, 2023

FANNP is seeking abstracts for posters and podium presentations for the annual FANNP's National Neonatal Nurse Practitioner Symposium October 10-14, 2023. The planning committee invites submissions by members and non-members and participation is open to health professionals whose specialty has a focus on the Neonatal Population (this includes but is not limited to NNPs, RNs, Clinical Nurse Specialists, & Neonatologists).

Those accepted will have the opportunity to participate in a Podium and Poster Presentation Workshop. The workshop discusses the necessary elements for abstract development, the process for virtual poster development, how to prepare a virtual poster PowerPoint presentation and how to create an effective podium presentation. Consider sharing your knowledge and experience with others. Additionally, a Poster Presentation looks great on your resume and can make you shine brighter at your next performance review.

We invite colleagues to share their expertise in one of the following categories:

- Original Research
- Innovations in Practice or Education
- Patient Safety
- Quality Improvement and Benchmarking Initiatives
- Case Studies

**MORE INFORMATION IS AVAILABLE NOW
AT FANNP.ORG**

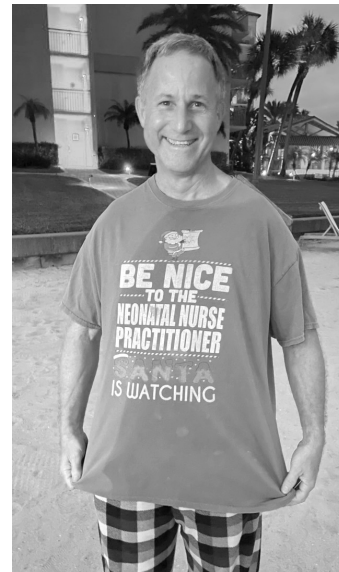
Conference Update

Hi everyone! We have yet another great conference under our belt! It was so great to see more and more people on-site this year. Now it's time for the Holidays (and likely a bit of extra studying for some and graduations)! Best of luck to those taking final exams and on taking (and passing!) your boards. For those of us on the Conference Planning Committee, it's time to start planning for next year! The committee has already been hard at work identifying and contacting more great speakers for the upcoming year. We also welcome any ideas or suggestions for next year's conference.

Have a great Holiday season and see you next year!

*Mary Kraus, MSN, NNP-BC
FANNP Conference Chair*





2022 SPONSORS

The FANNP would like to thank our sponsors and exhibitors for their support during this year's conference. Your generosity is much appreciated!

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FANNP Committee Highlights

As FANNP members, you are already an integral part of what makes us the best organization for rising and seasoned NNPs, and we welcome you in becoming even more involved on one (or more!) of our various committees. If you were able to attend the conference in October, you hopefully had a chance to sign up to lend your expertise in a particular area. If you were unable to attend (or attended virtually), never fear... you can still sign up! Over the next few newsletter editions, we will be highlighting these committees, and we'd love you to join us! Feel free to email committee chairs for further information.

Education/Conference Planning Committee

Committee Chair, Mary Kraus, conference@fannp.org

Description: Responsible for planning of the Annual Neonatal Nurse Practitioner Symposium. This is the largest FANNP committee. This committee is responsible for planning and communicating with speakers for the conference, planning course content, managing conference registration, communications with venue staff, and planning of Welcome Reception, Beach Party, Business Brunch, and Poster Session. This committee also works with media relations for recording of the conference and virtual platform.

Finance Committee

Committee Chair, Sheryl Montrowl, treasurer@fannp.org

a. Scholarship Chair, Karen Theobald,
scholarships@fannp.org

b. Sponsorship/Exhibitor Chair, Harry Vannus
sponsors@fannp.org

Description: Chaired by FANNP Treasurer. This position has charge and full knowledge of all FANNP funds and renders statement of financial condition of the Association for all meetings.

- a. Scholarship- Reviews FANNP scholarship applications to determine the recipients and award amounts. Applications are reviewed using scoring rubrics. Majority of work for this committee is done in September and October each year. The committee may do additional work in January to revise the scoring rubrics as needed.

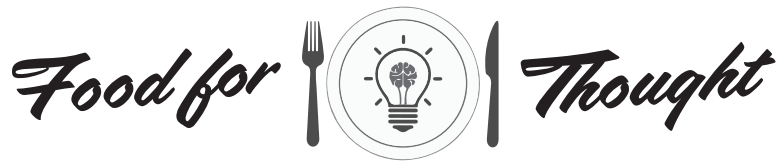
The committee consists of six members. Three members of the committee review and score the blinded article submissions. As part of the review, the newsletter article team will recommend edits and team members will work with



the author and the newsletter editor to have the article published in the newsletter. The other three members review and score the overall application submission. At least one member of this team is a member of the Board of Directors.

The committee chair submits FANNP scholarship updates to the newsletter, answers scholarship questions from members and applicants, sends out and collects applications, distributes applications for scoring, tabulates application scores, sends check requests to the FANNP Treasurer, announces scholarship awards at the FANNP Annual Membership Business Meeting, and submits a committee report to the BOD and membership yearly. Committee members must be members of FANNP, cannot apply for a scholarship during their term, should be fair-minded, objective, and able to maintain confidentiality.

- b. Sponsorship/Exhibitor- This committee is responsible for recruiting and securing exhibitor/sponsors for each year's conference. The committee begins meeting in March to discuss the upcoming conference exhibit fees and benefits, design of the Exhibitor/Sponsor brochure, and reviews feedback from previous conference exhibitors. The mailing list is reviewed, an email for 'save the date' is sent, and brochures are posted in April or May. As returned Exhibitor/Sponsor contracts come in, the contact person is updated on acceptance and due dates for advertising. The committee networks with conference booth company to set contract for booth set-up, colors, and poster boards. At the conference, the committee welcomes exhibitor and sponsors at set-up the evening prior to the conference and addresses any requests; we continue to be the face of FANNP helping with their needs during the conference, and follow-up with all contacts after conference completion.



Preterm Birth Rates Highest Since 2007

Submitted by Christa Smith, MSN, NNP-BC

Preterm births in 2021 reached their highest peak since 2007, accounting for more than 10.5% of all babies born in the United States according to the annual March of Dimes Report Card, which rated the U.S. at D+. The preterm birth rate in the U.S. is highest for black infants (14.2%), American Indian/Alaskan Natives (11.6%), Hispanics (9.8%), Whites (9.2%), and Asian/Pacific Islanders (8.8%). Rates of infant mortality, while overall slightly lower, also reveal racial disparities: black infants die at a rate more than double that of a white infant. These findings expose the need for improved, equitable access to prenatal care.

Causes of rising preterm birth rates are multifactorial; pre-existing medical and obstetric conditions such as hypertension, diabetes, and multiple gestation certainly continue to play a role, but the COVID-19 pandemic has likely largely contributed as well. According to a 2021 study at the University of California San Francisco, the risk of preterm birth at less than 32 weeks was 60% higher in individuals who contracted Covid-19 at some point in pregnancy, and the overall preterm birth risk was 40% higher. The risk of preterm birth skyrocketed to 160% in those with Covid and other factors such as obesity, hypertension, and/or diabetes. Social isolation and potentially decreased access to prenatal care during the pandemic may have also contributed.

According to Dr. Cynthia Gyamfi-Bannerman, maternal-fetal medicine specialist at the University of California, San Diego, “These trends are disturbing. It shows that we are not doing enough. It suggests we are moving in the wrong direction in terms of solutions. Any increase in preterm birth is concerning because of the downstream effects on the infant after a preterm delivery. Despite decades

of research on preterm births, the increase highlights that fact that we have very few reliable interventions to prevent preterm delivery.”

Only four states saw a decrease in preterm births, according to the March of Dimes Report. Southeastern states saw some of the highest rates of preterm births and some of the lowest maternal and infant health scores. As stated in the report, “March of Dimes recognizes that the maternal and infant health crisis does not have one root cause or a singular solution. Present day structures and systems rooted in racist, biased and unfair policies and practices over centuries contribute to and magnify racial differences in access to resources, social conditions and opportunities.” This year’s report card included a new measure of social determinants of health for pregnant mothers and their babies called the Maternal Vulnerability Index (MVI). According to the March of Dimes report, the index “explores 43 indicators across six themes, including reproductive health care, physical health, mental health and substance use, general health care, socioeconomic determinants, and environmental factors”.

While the Covid-19 pandemic has been a factor in increased overall rates of preterm births in the U.S., we cannot ignore other factors such as racial and regional disparities, inadequate and limited access to prenatal care, psychosocial stress, and other social/environmental conditions. We must address these issues head-on to effect change.

To view the March of Dimes Report Card in its entirety, visit <https://www.marchofdimes.org/report-card>

References:

Fernandez, E. (2022, November 21). Covid-19 during pregnancy associated with preterm birth. COVID-19 During Pregnancy Associ-

ated with Preterm Birth | UC San Francisco. Retrieved November 27, 2022, from <https://www.ucsf.edu/news/2021/08/421181/covid-19-during-pregnancy-associated-preterm-birth>

Hassanein, N. (2022, November 17). The rate of babies born premature saw a ‘concerning’ increase in 2021, report finds. USA Today. Retrieved November 27, 2022, from <https://www.usatoday.com/story/news/health/2022/11/17/premature-birth-babies-increased-2021-march-of-dimes/10705616002/> March of dimes 2022 report card shows U.S. preterm birth rate hits 15-year high rates increase for women of all races, earning Nation D+ grade. March of Dimes. (n.d.). Retrieved November 27, 2022, from <https://www.marchofdimes.org/about/news/march-dimes-2022-report-card-shows-us-preterm-birth-rate-hits-15-year-high-rates>

FANNP Bylaw Revisions Approved by the Membership

The FANNP Bylaws Committee reviews the bylaws regularly for ongoing relevance and accuracy. When discrepancies are noted, updates and revisions are presented to the Board of Directors (BOD) for approval and then sent to the FANNP membership for a vote of approval.

During the 2022 review, the bylaw introduction, philosophy, and mission were found to be incomplete and outdated. They were expanded and modernized to be representative of the ever-expanding NNP role and mission of FANNP as an organization.

While preparing for the 2022 Board of Directors Elections, inconsistencies between the bylaws and the BOD Position/Job Descriptions posted on the FANNP website were noted. The bylaws have been revised to clarify the requirements to be a Board of Director member, BOD terms, to elucidate BOD position responsibilities, and list the FANNP standing committees. Bylaw Articles V & VI, addressing Officers and the Board of Directors were combined into one comprehensive Article. Subsequent Articles were re-numbered accordingly.

The revised and membership approved bylaws are posted on the FANNP website.



*Submitted by Paula Timoney, DNP,
APRN, NNP-BC*

Highlights from Florida Coalition of Advanced Practice Nurses

Mission Statement: The mission of the coalition is to promote innovative solutions for improved access to cost effective, quality care by advanced practice registered nurses.

From the April 9, 2022 Meeting:

Kathleen Wilson and Arlene Wright re-elected as AANP state reps. Doreen Cassarino joined as Region 11 representative. Regional meetings will be virtual and open invitation going forward.

Legislative Session 2022 Review by Group

- CRNAs- No gains no losses legislatively this year. Not much legislative support for Full Practice Authority (FPA), the bill was amended multiple times making it untenable and was withdrawn.
- CNMs- HB5 Reducing Fetal and Infant Mortality; Revises purpose & requirements for Comprehensive Statewide Tobacco Education & Use Prevention Program; requires DOH to contract with local healthy start

coalitions for creation of fetal & infant mortality review committees; prohibits physician from performing abortion if gestational age of fetus is determined to be more than specified number of weeks; provides exception; requires directors of certain medical facilities & certain physicians to submit monthly report to AHCA electronically; requires hospitals participate in minimum number of quality improvement initiatives.

- FNA- Jack Cory, founding partner of Public Affairs Consultants Inc. gave his perspective of the session. FNA staff and members are traveling to visit and thank the legislators who supported bills. Nursing home staffing bill passed and decreased number of hours care residents receive. In budget there is \$151 million for nursing programs to increase access and graduates as there is a need for nurses in FL. FCN has recurring funding and will be housed at USF.

From the July 9, 2022 Meeting:

- Revised Governing Documents & Rules of Etiquette approved by member representatives.
- Goals: Improve healthcare outcomes

and expand access by the elimination of practice barriers for all APRN's; Promote collegiality and alliance amongst all APRN's; Demonstrate advocacy and collaboration with all stakeholders and policymakers.

- Lobbyists Update: Candidate updates from lobbyists, interviews, and advice for support;

2023 Goals

From the Oct 15, 2022 Meeting (rescheduled due to Hurricane Ian):

- Continued to work with lobbyists on developing 2023 legislative goals.
- Midterm elections crucial to advancing initiatives.

From the March of Dimes

Alongside the release of the Preterm Birth Report Card (see Food for Thought) and to address this crisis, March of Dimes is delivering the Mamagenda for #BlanketChange, an emergency call-to-action to Congress to improve the health of moms and babies. The Mamagenda calls for immediate action to advance policies that support equity, access and prevention, advocating for the enactment of the Black Maternal Health Act of 2021 (H.R. 959/S. 346) and the Pregnant Workers Fairness Act (H.R. 1065/S.1486) to help prevent racial and ethnic discrimination in maternity care, expand access to midwifery care, provide reimbursements for doula support, and more. It calls for adopting Medicaid expansion and permanently extending Medicaid postpartum coverage to 12 months as authorized under the American Rescue Plan Act. Additionally, the Mamagenda calls for funding for Maternal Mortality Review Committees and Perinatal Quality Collaboratives that work to improve data collection for maternal deaths and make improvements in quality of care and maternal and infant health outcomes.

Visit BlanketChange.org to learn more and join the growing number of partners committed to improving maternity care for all.

From the American Association of Nurse Practitioners:

The American Association of Nurse Anesthesiology (AANA), the American Association of Nurse Practitioners® (AANP), the American College of Nurse-Midwives (ACNM) and the American Nurses Association (ANA) are joining together to strongly support the **Improving Care and Access to Nurses (ICAN) Act**. The ICAN Act promotes patient access to health care services delivered by the provider of their choice by removing outdated Medicare and Medicaid barriers on advanced practice registered nurses (APRNs). This legislation will shift our health care into the future and will benefit patients and providers. This is a common-sense bill that will streamline care for APRNs across the country.

Centers for Medicare and Medicaid

Services (CMS) Releases Three Major Rulemakings

On Nov. 1, CMS released three major final rulemakings. They include the Calendar Year 2023 Physician Fee Schedule, the Hospital Outpatient Prospective Payment System (OPPS) and the Rural Emergency Hospital Conditions of Participation (CoPs). These rulemakings include policies that will impact NPs. Further information and relevant provisions for each can be found in the following resources:

- **Calendar Year 2023 Medicare Physician Fee Schedule Final Rule:**

Items of note include the delayed implementation of split or shared billing, coverage for behavioral health services and opioid use disorder treatment, reduced barriers and expanded coverage for colon cancer screening, increased reimbursement for vaccine administration, policies for telehealth coverage and updated clinical labor pricing, among others. Please review the AANP Federal

Regulations webpage for additional information.

- **Calendar Year 2023 Hospital OPPS and Ambulatory Surgical Center Payment System Final Rule With Comment Period:**

CMS published a fact sheet that outlines major provisions of the final rule. In this rule, CMS finalized its policy and clarifications that authorize NPs to supervise the performance of diagnostic tests in outpatient hospital settings to the extent they are authorized to do so under their scope of practice and applicable state law.

- **Rural Emergency Hospitals**

Conditions of Participation: The OPPS rule includes the CoPs for Rural Emergency Hospitals (REH) and Critical Access Hospital CoPs Updates. REHs are a new rural Medicare provider type established by Congress in the Consolidated Appropriations Act of 2021 and will begin receiving payments on Jan. 1. Many of the policies within the CoPs recognize the important role NPs will play in REHs.

Centers for Disease Control and Prevention (CDC) Issues Health Alert Network Health Advisory on Increased Respiratory Virus Activity

On Nov. 4, the CDC issued a Health Alert Network (HAN) Health Advisory regarding “early, elevated respiratory disease incidence caused by multiple viruses occurring especially among children and placing strain on health care systems.” This HAN states, “Co-circulation of respiratory syncytial virus (RSV), influenza viruses, SARS-CoV-2 and others could place stress on health care systems this fall and winter.” Further information, including additional background and recommendations for health care providers, is available on the CDC HAN webpage. (NOTE: Food for Thought article on RSV in Fall 2022 FANNP Newsletter).

Current Florida Coalition of Advanced Practice Nurses Member Groups

- Association of Nurse Practitioners in Business - ANPB
- Florida Association of Neonatal Nurse Practitioners - FANNP
- Florida Nurse Practitioner Network - FNPN
- Florida Nurses Association - FNA
- Florida State Chapters (2 groups) NAPNAP- Florida and FL Gulf Coast.
- Florida Affiliate of the American College of Nurse-Midwives - FACNM
- Florida Association of Nurse Anesthesiology -FANA
- American Psychiatric Nurses Association-Florida Chapter-APNA-F
- Florida Association of Nurse Practitioners - FLANP
- Tampa Bay Advanced Practice Nursing Council - TBAPNC
- South Florida Council of Advanced Practice Nurses - SFCAPN
- Central Florida Advanced Nursing Practice Council - CFANPC
- Florida Association of Clinical Nurse Specialists - FACNS
- Gerontological Advanced Practice Nurses Association – FGAPNA
- Miami-Dade APN Council –NPCM-D
- Florida Chapter of the Dermatology Nurses’ Association --FCDNA

FANNP Awards Five Scholarships at the 2022 Annual Conference

FANNP is committed to educational advancement and is proud to be able to award scholarships to nurses and NNPs continuing their educational pursuits in the field of neonatal health care.

Please thank the 2022 Scholarship Committee members Michele Beaulieu, Paula Timoney, Stephen Stoeber, Sheryl Montrowl, and Anecia Carter for their time and expertise reviewing applications.

Scholarships were awarded in October at the FANNP annual membership business meeting to the following individuals.

Meredith Mueller is from Cary NC; she works at UNC Rex Healthcare and is a NNP student at Rush University. She has organized a safe sleep project in her NICU and presented a poster at the 2022 FANNP Symposium.

Jessica Jones is an experienced NNP leader from Land O Lakes, FL and is currently in the DNP program at the University of Florida. Her current focus is evidence-based quality improvement and thermoregulation for the VLBW infant.

Misty Tatum is from Bartlett TN and is an experienced NICU nurse who is described as someone who goes above and beyond. She attends the University of South Alabama.

Dafina Ibrani is from Bellingham WA. She has a strong background in pharmacology and research and is working on a post-master's certificate at Vanderbilt University.

Jessica Gomez from Pearland TX is the NNP Educational Coordinator

at UT Health Children's Memorial Hermann Hospital. She is working on her PhD at the University of Texas.

Congratulations to these deserving and hard-working individuals. We look forward to learning from them as their submitted articles are published in future newsletters.

FANNP maintains this scholarship fund to support the continuing education of members and the next generation of NNPs. Educational scholarships of \$1000 - \$2000 are awarded annually based upon the application criteria and quality of newsletter submissions. The funds can be used for tuition, books, or any expenses incurred while in school.

Money is available in the scholarship account to benefit FANNP members.



Karen Theobald with award winners Jessica Jones and Misty Tatum

Please help us to spread the word to colleagues and students. We encourage all RNs or NNPs pursuing a degree in neonatal health care to apply for and utilize this benefit. Contact scholarships@fannp.org for application information.

FANNP Scholarship Application 2023 Eligibility Guidelines

1. Applicants must be FANNP members.
 - a. All voting members, student members and associate members are eligible.
 - b. Priority for scholarship awards will be given to voting members, followed by student members and then associate members.
 - c. Priority for scholarship awards will be based on length of membership and service to FANNP.
2. Applicants must be a licensed RN, ARNP, NNP or equivalent.
 - a. Preference will be given to currently licensed NNPs working towards an advanced NNP degree.
3. Applicants must attend an educational program leading to a degree related to the health care field during the application period.
 - a. The application period for the 2023 Scholarship is September 15, 2022 to September 15, 2023 (i.e. to be eligible for a 2023 Scholarship you must have attended classes sometime between September 15, 2022 and September 15, 2023).
 - b. An applicant may receive a maximum of two scholarship awards for each degree sought.
4. Applicants will provide a short article, case study, practice pointer, evidenced-based practice update or literature review to be published in the FANNP Newsletter.

Pocket Notebook

Submitted by Sekinah Ajiboye, CRNP, NNP-BC

Pierre Robin Sequence

Definition: Pierre Robin sequence is made up of three main phenotypes: micrognathia, glossoptosis (a posteriorly displaced tongue) and upper airway obstruction; it is also often associated with cleft palate. It is defined as a sequence because the anomalies occur sequentially; micrognathia occurs first, leading to glossoptosis, which then prevents the closure of the palatal cleft resulting in a cleft palate, and subsequently causing the upper airway obstruction (Baxter & Shanks, 2022).

Etiology: Pierre Robin can be seen in certain genetic syndromes, such as Stickler Syndrome. It can also be due to non-syndromic etiologies, such as chromosomal mutations that affect the development of facial structures (Baxter & Shanks, 2022).

Differential Diagnosis:

- Stickler Syndrome
- Velocardiofacial Syndrome (22q11 deletion syndrome)
- Treacher Collins Syndrome
- Fetal Alcohol Syndrome

Assessment/Evaluation:

- Prenatal findings: polyhydramnios (glossoptosis can impair fetal swallowing of amniotic fluid) and micrognathia on prenatal ultrasound
- Polysomnography: used to evaluate the presence and severity of obstructive sleep apnea
- Continuous pulse oximetry: to assess presence of desaturations
- Bronchoscopy: to evaluate the severity of the upper airway obstruction
- Skull X-rays: to assess the presence and severity of micrognathia

Treatment and Management:

- Prone and side-lying positioning: to help relieve the upper airway obstruction caused by the tongue
- Nasal trumpet: can be used to keep the nasopharynx patent and potentially prevent upper airway obstruction
- Respiratory support as needed

Surgical management:

- Mandibular Distraction Osteogenesis: this process causes lengthening of the jaw and occurs over time. Complications of the procedure include: surgical site infection, osteomyelitis, and impaired dentition (Baxter & Shanks, 2022).
- Tracheostomy: might be required if the upper airway obstruction is severe

Reference

Baxter, D., Shanks, A.L. (2022). Pierre Robin Syndrome. Pubmed; StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK562213/>

Calling for Research Proposals... FANNP Grants Available

Each year FANNP sets aside funds for the support of research projects. Applications for funding are reviewed by the Research Committee. The Research Committee makes recommendations to the Board of Directors on proposals received. Members of the Research Committee are appointed by the Board of Directors. The grant application period is rolling—there is no deadline for grant submission. Grants will be awarded within six weeks following submission, based on the Research committee and BOD decision.

2023 FANNP Dates to Remember

FANNP Grant.....	Ongoing
Poster Presentation Abstracts.....	June 20
Kim Nolan Spirit Award.....	July 15
FANNP Scholarship.....	September 15
Conference On-Demand Library.....	September 15
National Neonatal Nurses Week*.....	Sept. 11-17
FANNP Neonatal Nurse Practitioner Symposium: Clinical Update and Review*	Oct. 10-14
Nurse Practitioner Week*.....	Nov. 12-18

**Dates change annually*

Newsletter Submission Calendar

Edition	Month	Article Submission Deadline	Publish Date
Winter 2022		11/12/22	12/10/22
Spring 2023		02/11/23	03/11/23
Summer 2023		05/13/23	06/10/23
Fall 2023		08/12/23	09/09/23

In addition to the core components of the newsletter, we would love to hear what you have to say! Please send in anything you would like to see added to the newsletter, whether it is an interesting article, a hot topic in the neonatal world, or even a shout out regarding a fellow FANNP member who is doing awesome things! We want to hear from you! Please submit following the above guidelines to newsletter@fannp.org.

FANNP Online

Get the latest news and updates from FANNP at www.fannp.org. Also, remember to join us on Facebook and follow us on Twitter and Instagram @FANNPorg. There is so much valuable information here for your practice as an NNP! Be sure to tag us on social media and let us know when you PASS YOUR BOARDS!!



The Kim Nolan Spirit Award... In Memory and Honor of Kim Nolan



The Kim Nolan Spirit Award is given annually to a NNP who exemplifies Kim's exuberance and "can-do" attitude in service to profession, community, and/or family. This award is a very prestigious honor! To read more about Kim visit www.fannp.org. The deadline for nominations is July 15, 2023. The winner is announced each year at the FANNP Annual Conference.

Bring it On Answers

(Questions on page 16)

- A-** A coloboma occurs if the choroid fissure fails to close resulting in a cleft in the iris. It is part of the CHARGE syndrome (coloboma, heart abnormalities, choanal atresia, retarded growth and mental development, genital hypoplasia and ear abnormalities).
- C-** TAR syndrome is a constellation of findings that include thrombocytopenia along with absent radii and normal thumbs. It is often bilateral.
- B-** Pneumocytes are alveolar cells on the surface of the alveoli. Type II pneumocytes are responsible for the secretion of surfactant.

References:

- Newberry, D.M., Fraser, D., Aliaga, S., & Diehl-Jones, B. (2019). The eye. In A.J. Jnah & A.N. Trembath (Eds.), *Fetal and Neonatal Physiology for the Advanced Practice Nurse* (p. 409). Springer Publishing.
- Wilson, J.L. & Fitzgerald, J. (2019). The respiratory system. In A.J. Jnah & A.N. Trembath (Eds.), *Fetal and Neonatal Physiology for the Advanced Practice Nurse* (p. 88). Springer Publishing.
- Gomella, T. L., Cunningham, M.D., & Eyal, F.G. (2013). *Neonatology: Management, procedures, on-call problems, diseases, and drugs* (7th ed.). McGraw Hill Education.

FANNP's 33rd NATIONAL
NEONATAL NURSE
PRACTITIONER SYMPOSIUM:
CLINICAL UPDATE AND
REVIEW 2022

On-Demand Library

FANNP invites you to "attend" the 2022 Annual Conference through the On-Demand Library. You can view conference sessions and earn CEU credits at your convenience, in your comfy clothes.

You will have the opportunity to:

- Review current concepts, trends, and management practices appropriate for the care of the high-risk neonate.

- Access on-line handouts for download.

- Study and review for certification exams

- Earn up to 47.5 CEU credits

Registration for 2022 On-Demand Library available until August 15, 2023

Audio-visual presentations and handouts available until September 15, 2023.

Registration available on the FANNP website.



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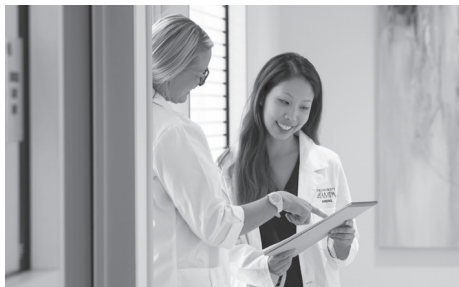


Sobi, Inc. is an international biopharmaceutical company dedicated to rare diseases, with a focus in immunology, hemophilia, inflammatory, genetic, and metabolic diseases. Respiratory syncytial virus (RSV) is a leading cause of hospitalization in infants aged <1 year. High-risk populations include infants and children who are born prematurely and those with chronic lung disease or congenital heart disease. RSV hospitalizations in preterm infants have been increasing since 2014 and often result in ICU admission and the need for mechanical ventilation.

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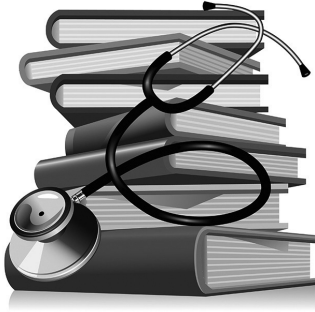
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- Fourth-largest neonatal program in the U.S. with staffed 171 beds
- Levels IV, III, II and step-down care units
- Team of 20+ neonatologists, 60+ neonatal nurse practitioners and 500+ nurses and support staff
- More than 1,900 neonatal visits per year
- Board-certified neonatologist on-site 24/7
- Some of the highest survival and lowest complication rates in the world
- Transport care provided for more than 500 neonatal patients each year
- We welcome new NNP graduates
- Sign-on bonus and relocation assistance offered!

To learn more, contact Patricia Washington at patricia.washington@childrensmn.org or visit childrensmn.org/NICU

Children's
MINNESOTA

Bring it on...



**Practice Questions
to Prepare
for the NNP
Certification Exam**

1. Colobomas of the iris are found in infants with:
 - A. CHARGE syndrome
 - B. Trisomy 21
 - C. VACTERL association

2. A 35-week male born to a mother with preeclampsia. On the initial exam, the NNP notes petechiae on his chest and shortened ulna with normal thumbs. The CBC shows a platelet count of 23,000. What is the most likely cause of his thrombocytopenia?
 - A. Alloimmune thrombocytopenia
 - B. Maternal Preeclampsia
 - C. TAR syndrome

3. Surfactant is manufactured in alveolar _____ cells.
 - A. Type I
 - B. Type II
 - C. White blood cells

Answers on page 14

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