

FANNP NEWS



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The Publication of the Florida Association of Neonatal Nurse Practitioners

Conference Update

Wow! The 29th FANNP Neonatal Nurse Practitioners Symposium: Clinical Update and Review is coming up quickly, and I am so excited about this year's speakers and events! The brochures have been mailed out and the conference information can also be found on the website at www.fannp.org. Don't forget to sign up for all the "extras" this conference has to offer, including Poster

Session and Cocktails, Masquerade Beach Party (bring your family and a masquerade mask!), and Annual Business Brunch.



We have great speakers, an updated Review Track, interesting Poster Presentations, and, as always, fun networking opportunities taking

place at the beautiful Sheraton Sand Key Resort in Clearwater Beach October 16-20, 2018. The Conference Committee has been hard at work and we are all looking forward to seeing everyone there!

*Mary Kraus, MSN, NNP-BC
Conference Chair*



"Be the change that you wish to see in the world."

-Mahatma Gandhi

It's an election year for the FANNP Board of Directors! Members should have received a ballot via email. If you've already voted, thank you for making your voice heard! If you've not yet received your ballot, please email nominations@fannp.org so that you may be a part of this very important process.

The newly elected candidates will be announced Thursday, October 18th at the FANNP Symposium Annual Member Brunch, so make plans to attend!



Submitted by Ally Kayton, MSN, APRN, NNP-BC

FANNP is proud to be part of the Florida Nurse Practitioner Network. Our participation is to continuously have a voice for neonatal nurse practitioners in the State of Florida as well as nationally. Since Florida legislation is currently not in session, I felt this is a wonderful opportunity to introduce FANNP members to the Florida

Nurse Practitioner Network (FNPN) and what we do behind the scenes for all of you.

FNPN is a network of Nurse Practitioners across all specialties and settings in this wonderful state that has the second highest population of NPs in the United States. FNPN was founded in 2002 through a vision and passion of its founding members to unite all the smaller "dinner and education" groups throughout the state in order to organize something of substance so that we can support each other in affecting real change in our profession. The mission is to promote our profession in such a manner and environment that allows us to provide the very best health care possible that the citizens of this state so deserve.

FNPN promotes this goal in a five-step method, our mission:

First, we recognize the good and the power that comes from the generous sharing of ideas and information between individual NPs and the smaller NP groups. Though meetings that travel across the state, FNPN provides this

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Letter from the President

Hello FANNP Members!

I hope you have had an opportunity to make some incredible memories this Summer and are looking forward to the Fall. Amidst back-to-school shopping and perhaps readjusting to a more hastened pace, I urge you to find time to confirm your plans to attend the 29th National Neonatal Nurse Practitioner Symposium: Clinical Update and Review. We are setting new records with our registration numbers; we have over 300 confirmed conference registrants! There are two new events being offered this year. First, Talking Head Studio will be onsite on Tuesday morning offering *Professional Headshots* for \$50 (cash/check only). My headshot in this feature of the newsletter is some of Talking Head Studio's work! As a new NNP, I underestimated the importance of a quality headshot. Make your image a priority in starting your new career as a professional NNP. Or perhaps it's time to update your headshot? In either case, be sure to bring clothing suitable for your headshot like a suit jacket, lab coat, whatever you feel most comfortable wearing. Second, *Paces with the President* will be offered on Wednesday and Friday mornings before the conference activities



begin. We will meet at the beach for an opportunity to walk the shoreline, get your blood circulating, clear your head, get to know your president, or simply enjoy the sights of Sand Key Beach! All fitness levels are welcome to join.

The masquerade-themed *Beach*

Party on Wednesday evening has over 195 registrants and promises to be an incredible time of dancing, enjoying music, overeating, making new friends, and reconnecting with longtime friends. Thursday's brunch is one of my favorite events of the week-and not just because I belly-up to the omelet bar like a professional athlete! The food is great, the brunch is

free for members (\$10 for non-members), and there are door prizes. But the *Annual Business Meeting Brunch* is also an opportunity to meet the individuals on the FANNP Board of Directors and other crucial team members that truly embody the essence of the organization's mission and are committed to developing a robust conference each year. The Planning Committee has been working diligently to create a meaningful *Poster Session* event on Thursday evening; the volume and quality of poster abstracts submitted was unprecedented. The poster content, cocktails and hors d'oeuvres promise to

make this a memorable event. Aside from the many fun activities, we have some incredible speakers this year that will impact your clinical practice for years to come. Review the conference brochure and plan to join us October 16th-20th while there is still a vacancy for you!

As a reminder, there is still time to apply for an FANNP scholarship (due by September 15th). If you attended a program any time between September 15, 2017 and now, be sure to apply for a scholarship. There are no stipulations in terms of how you plan to apply the scholarship funds to your education. Tuition, textbooks, supplies...the sky is the limit! Also, applications for grant funds are accepted any time throughout the year. You can find additional information about these opportunities on the website. FANNP is here to support you in your professional endeavors! Please feel free to contact me personally with any questions at president@FANNP.org. See you in October!

*Tiffany Gwartney, DNP, ARNP, NNP-BC
President, FANNP*



There's plenty of "break time" at the conference to explore Clearwater Beach and surrounding areas for fun festivals and attractions! Here is a list to get you started...grab some new friends and get out there!

- Clearwater Jazz Holiday Oct. 18-21
- Clearwater Chalk Art Festival Oct. 19-21
- Clearwater Marine Aquarium (home of Winter from the movie *Dolphin Tale*)
- Pier 60
- Boat Tours and Sunset Excursions
- Busch Gardens in Tampa

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Food for Thought

Submitted by Christa Smith, MSN, NNP-BC

In preparation for this year's Conference and Review, these pearls of wisdom written 10 years ago challenged us, as FANNP members, to also prepare for the conference mentally; these points remain valid today. The following was written by an integral member of FANNP, Pamela (Penelope) Laferriere:

How might you best prepare to get the most from your symposium experience? Here are some suggestions:

Plan to attend. Register for the event. Go to www.fannp.org and download a brochure. Consider the benefits of becoming a member of FANNP. Book your hotel reservation.

Review the brochure. Consider attending sessions from both Track A and Track B, the update and review tracks respectively. Mull over the session topics and descriptions. Also, consider attending the other activities that offer unique networking opportunities for new and experienced NNPs.

Reflect. What tenets of your practice might you like to change? Are you perplexed by a past clinical experience, a disease process, or untoward outcome? Do you have memories of a patient whose hospital course arouses questions? Does your practice reflect your personal and professional goals? Are you anticipating taking the NCC NNP certification exam? Have you formulated a study plan for exam preparation?

Prepare. Come to the symposium prepared to actively participate. Commit to attend sessions of interest. Register for optional activities. If an expert, formulate dialogues to share. If a novice, bring a checklist of hot topics and burning questions.

Food for Thought is a quarterly addition to the FANNP Newsletter, where we discuss trending topics of importance in the Neonatal Intensive Care setting. We would love to hear what you and your colleagues are discussing currently in your work place, and greatly value your input. Please feel free to send any "trending topics" that you would like to hear more about to newsletter@fannp.org. In the ever-changing world of neonatology, remaining cognizant of current practices is of vital importance to furthering our education as providers!

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opportunity. The smaller groups throughout the state are united in "President's Meetings" where dialogue on concerns and issues result in creative policy to move us forward.

Second, we are aware of the role of current and excellent continuing education in being able to provide the very best of care to our patients. FNP provides the finest and most up to the minute continuing education available, utilizing and encouraging NP speakers as an aid to our profession's growth.

Third, we realize that there needs to be a central point of reference where practicing and potential NPs, patients, employers, legislators and consumers can come to regarding questions about NPs and their practice. FNP's website, www.fnpn.org, offers a myriad of informative pieces from practice and legislative alerts to job opportunities. Local NP groups are listed for local networking opportunities and Board Members contact information is freely posted so that your questions can be addressed.

Fourth, we understand that in order to offer the best of care to our patients we must seek and reward excellence not only through the education of NPs and the practice that follows but again, on a higher level, through research and policy that functions to serve in a much broader way. Awards and scholarships are being developed by FNP that clearly recognize and promote excellence in our profession. These talented and passionate people raise the bar and light the lamps guiding us all toward improving patient care.

Fifth, we believe strongly that in order for NPs to serve their patients, policy must be enacted that reduces the unnecessary barriers that prevent us from fully serving our patient's needs. FNP is very proud to offer its members the best and most prestigious attorney lobbying firm available to serve our legislative needs in reducing the barriers that prevent us from offering our patients the very best that they deserve. Your donations are needed to continue this extremely important benefit.

FNP works with other organizations as well such as FANNP. As group members of the American Academy of Nurse Practitioners we are able to network on a much larger level with other state NP groups. We sit down and discuss our problems, our concerns, our successes and ideas, and in doing so are able to promote real change not only on a state level, but a national and international level as well. FNP dialogues with other nurse practitioner, nursing, and medical organizations, as well as consumer and industrial groups in our common goal to better health care in Florida.

Florida Association of Nurse Practitioners (FLANP) Policy Statement and Platform

FLANP was formed for the purpose of improving access to
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health care through removal of legislative barriers that prevent delivery of care by APNs. FLANP seeks to foster and support respect among all nurses. FLANP will only pursue policies which are in the public interest, and which promote access to affordable quality health care for all Floridians. It is the policy of FLANP to educate the public on health issues and the advanced practice of nursing in order to promote health and contain costs. FLANP seeks to work collaboratively with other corporate, governmental, non-governmental, and professional organizations toward the accomplishment of our mission.

Platform:

1. Full prescriptive authority with DEA credentialing for Advanced Practice Registered Nurses (APRNs).
2. Designate Florida APRNs as severally culpable autonomous licensed independent health professionals.
3. Change the legal professional name for NPs, CNMs, CRNAs, and CNSs to APRNs (consistent with the national standard). [As per NCSBN consensus model].
4. Authorize APRNs to sign involuntary petitions for commitment (Baker Act –BA-52) forms.
5. Authorize APRNs to determine Maximum Medical Improvement (MMI) and Permanent Impairment Rating (PIR) for Workers' Compensation claims. Authorize APRNs to prescribe home health care.
6. Authorize APRNs to prescribe physical/occupational therapy.
7. Empanelment of APRNs to all third party payers (all public and private entities) for full scope of practice services.
8. Authorize APRNs to be Primary Care Providers (PCPs) under all third party payer plans.
9. Authorize APRNs to sign death certificates.
10. Authorize APRNs to sign fetal demise and birth certificates.
11. Authorize APRNs to order all diagnostic and laboratory tests.
12. Define APRNs as Licensed Health Professionals to sign all designated health forms.
13. Designate APRNs as Medicaid PCPs.
14. Specifically designate APRNs to autonomously and independently act as directors for Florida Health Care Homes (AKA Medical Homes).
15. Place all control of Florida APRNs, RNs, and LPNs solely under the auspices and control of the Florida Board of Nursing. Remove all aspects of professional nursing practice regulation from any other authority agency of government. [As per NCSBN consensus model].
16. Change third party payer (insurance company) reimbursement to "any willing provider" status.
17. Adopt the National Council of State Boards of Nursing consensus model for APRN regulation.

Nurse Practitioners: Part of the Solution to the Primary Care Physician Shortage

Florida has a primary care physician shortage. Less than half of Florida physicians accept Medicaid. Half of Florida physicians will reach retirement age over the next ten years.

- An estimated 3 million Floridians have now gained insurance coverage under the Patient Protection and Affordable Care Act.
- Another 1 million Floridians are in the coverage gap and are potentially eligible for insurance, if they can afford the costs. They too need primary care.
- When people do not have primary care access they go to emergency rooms for care, driving up tax payer costs.

Florida needs a cost effective, free market, creative solution to meet these needs.

- Removing restrictive Nurse Practitioner licensure laws, has been demonstrated in other states to increase primary care access and reduce costs.
- Less restrictive licensing also has shown an added benefit of attracting more Nurse Practitioners into a state, thus improving economic activity.
- Almost half the states have stopped the practice of restricting NP licensure.

In order for Florida to fully take advantage of all the training and skills of Nurse Practitioners, certain legislation must be modernized.

- Removal of physician supervisory licensure requirements on Nurse Practitioners
- Required empanelment of Nurse Practitioners by all Medicaid HMOs and insurance companies
- Ability to sign a Baker Act
- Ability to sign death certificates
- Ability to certify DNR orders
- Ability to sign all needed documents for patient care (global signature)
- Review of and amend additional laws as appropriate

Research by the Institutes of Medicine and hundreds of other reputable studies have shown that Nurse Practitioners who practice without restrictive licenses deliver safe, cost effective, high quality care, with equivalent outcomes to physicians.

Florida has an opportunity to embrace an economically viable, free market solution to the primary care access problem, while at the same time improving the economic activity of the state.

The costs to Florida tax payers are nothing, while these changes could potentially save the state billions of dollars per year.



Brag Board

Terri Marin, PhD, NNP-BC, FAANP was awarded a grant from the American Association of Nurse Practitioners as the PI for her study titled “Examining Patterns of Renal Sodium Handling and Effects of Sodium Supplementation among Premature Infants”. Dr. Marin will collaborate with Cynthia Mundy, DNP, NNP-BC, Christy Cockfield, DNP, NNP-BC, Amy Gates, RD, and Jatinder Bhatia, MD at CHOG Neonatal Intensive Care Unit to examine somatic growth trends in premature infants ≤ 30 weeks’ gestation before and after the

implementation of sodium supplementation guidelines administered for late-onset hyponatremia.

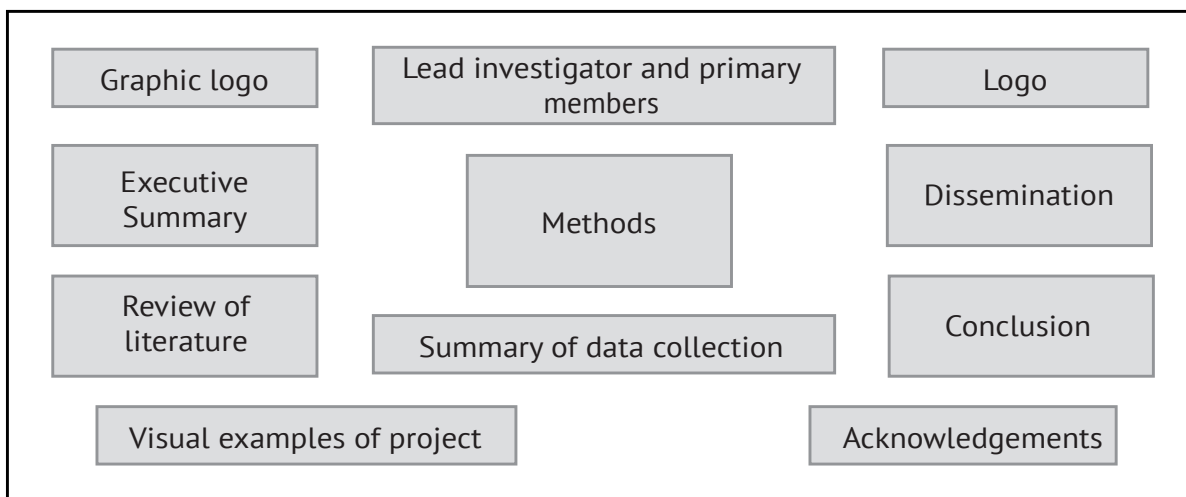
Additionally, Dr. Terri Marin et al. published their manuscript titled, “Does Red Blood Cell Irradiation and/or Anemia Trigger Intestinal Injury in Premature Infants with Birth Weight ≤ 1250 grams? An Observational Birth Cohort Study” in BMC Pediatrics and “Statistical methods for characterizing transfusion-related changes in regional oxygenation using Near-infrared spectroscopy (NIRS) in preterm infants” in Statistical Methods in Medical Research. Congratulations Dr. Marin and team!

And as always, a huge Brag Board shout-out to all the new “official” Neonatal Nurse Practitioners that passed their NCC Boards! Congratulations from FANNP!

POCKET NOTEBOOK

Diane McNerney DNP, NNP-BC

Designing a Poster for Presentation



Example of poster for presentation

1. Lead investigator- name of lead investigator and any secondary investigators.
2. Logo or graphics of the organization that has supported your work.
3. Executive summary- brief description of project, including medical arena project will benefit.
4. Review of the literature- how does the literature support your research?
5. Methods- type of research methods you followed to summarize your data.
6. Visual graphics of research data, including charts, graphs, or pictures of project work.
7. Summary of data collection- Key points of data collection results.
8. Dissemination- Transfer of research-based knowledge into routine clinical practice.
9. Conclusion- Restate the focus of your research and summarize main points of evidence.
10. Acknowledgements- Include any person, institution, or organization that assisted with the project.

Most of all, make it your own....be creative!

Reference

How to prepare your content for your poster presentation (n.d.). http://www.posterpresentations.com/html/content_for_your_poster_presen.html

Scholarships will be Awarded at the 2018 FANNP Annual Conference

FANNP as an organization is committed to educational advancement and is proud to be able to award scholarships to nurses and NNPs continuing their educational pursuits in the field of neonatal health care.

At the end of the year a percentage of the money in the FANNP general operating budget is placed in a scholarship fund.

Scholarships are awarded annually at the FANNP Symposium. The scholarship recipients give back and provide a short article, case study, practice pointer, evidenced-based practice update or literature review which is published in the FANNP Newsletter for all of us to read.

All FANNP members pursuing a degree in neonatal health care are encouraged to apply. Scholarship monies can be used for tuition, books or any expenses incurred while in school.

If you are interested in applying for a 2019 scholarship, please see the eligibility guidelines and contact scholarships@fannp.org for an application.

2019 Scholarship Eligibility Guidelines

1. Applicants must be FANNP members.
 - a. All voting members, student members and associate members are eligible.
 - b. Priority for scholarship awards will be given to voting members, followed by student members and then associate members.
 - c. Priority for scholarship awards will be based on length of membership and service to FANNP.
2. Applicants must be a licensed RN, ARNP, NNP or equivalent.
 - a. Preference will be given to currently licensed NNPs working towards an advanced NNP degree.
3. Applicants must attend an educational program leading to a degree related to the health care field during the application period.
 - a. The application period for the 2019 scholarship is September 15, 2018 to September 15, 2019 (i.e. to be eligible for a 2019 scholarship you must have attended classes sometime between September 15, 2018 and September 15, 2019).
 - b. An applicant may receive a maximum of two scholarship awards for each degree sought.
4. Applicants will provide a short article, case study, practice pointer, evidenced-based practice update or literature review to be published in the FANNP Newsletter.

To obtain a scholarship application email scholarships@fannp.org. Completed applications must be postmarked by September 15 each year.

Calling for Research Proposals... FANNP Grants Available

Each year FANNP sets aside funds for the support of research projects. Applications for funding are reviewed by the Research Committee. The Research Committee makes recommendations to the Board of Directors on proposals received. Members of the Research Committee are appointed by the Board of Directors. The grant application period is rolling—there is no deadline for grant submission. Grants will be awarded within six weeks following submission, based on the Research committee and BOD decision.

Please visit www.fannp.org for more details.

BRING IT ON ANSWERS Questions on page 8

1. B- Infants with hyperthyroidism may present with growth restriction, tachycardia, arrhythmias, hypertension, tachypnea, poor feeding, vomiting, hyperthermia, tremors, hyperalertness, and irritability.
2. A- Duodenal atresia/stenosis, esophageal atresia, imperforate anus, fistulas, and webs are GI findings commonly associated with Trisomy 21.
3. C- Treatment of alloimmune thrombocytopenia includes transfusion with maternal platelets that have been washed and suspended in AB negative plasma. Serial transfusions may be necessary.



FANNP Newsletter Submission Calendar

Edition	Article Submission Deadline	Publish Date
March 2018	02/02/18	03/10/18
June 2018	05/04/18	06/09/18
September 2018	08/03/18	09/08/18
December 2018	11/02/18	12/08/18

In addition to the core components of the newsletter, we would love to hear what you have to say! Please send in anything you would like to see added to the newsletter, whether it is an interesting article, a hot topic in the neonatal world, or even a shout out regarding a fellow FANNP member who is doing awesome things! We want to hear from you! Please submit following the above guidelines to newsletter@fannp.org

EDUCATIONAL OFFERINGS

6th Annual Fall Conference on Current Concepts in Neonatal Care
 September 26-29, 2018
 Balboa Bay Resort
 Newport Beach, CA
www.symposiamedicus.org

The 29th FANNP Neonatal Nurse Practitioners Symposium: Clinical Update and Review
 October 16-20, 2018
 Sheraton Sand Key Resort
 Clearwater Beach, FL
www.fannp.org



NANN 34th Annual Conference
 October 17-20, 2018
 Anaheim Hilton
 Anaheim, CA
www.nann.org

Medical University of South Carolina (MUSC) Neonatal Pharmacology Conference
 November 5-7, 2018
 Hyatt Place Hotel
 Charleston, SC
www.academicdepartments.musc.edu

Hot Topics in Neonatology
 December 2-5, 2018
 Marriott Marquis
 Washington, DC
www.hottopicinneonatology.org

Neo Conference
 February 21-23, 2019
 Orlando, FL
www.neoconference.com



The Kim Nolan Spirit Award



...In memory and honor of Kim Nolan

Announcement of the 2018 recipient of the Kim Nolan Spirit Award will be made at the opening of the FANNP Annual Neonatal Nurse Practitioner Symposium Clinical Update and Review. Thanks to those that nominated someone for this prestigious honor!



NEWSFLASH

Stay informed! Get the latest news and updates from FANNP, including valuable conference information at www.fannp.org. In addition, don't forget to join us on Facebook and follow us on Twitter @FANNPorg!

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FANNP Dates to Remember

<i>Event/Item</i>	<i>Date/Deadline of Event/Item</i>
FANNP Grant.....	Ongoing
Poster Presentation Abstracts	July 15
Kim Nolan Spirit Award.....	July 1
FANNP Scholarship.....	September 15
National Neonatal Nurses Day.....	September 15
Annual National Neonatal Nurse Practitioner Symposium: Clinical Update and Review*	October 16-20, 2018
Nurse Practitioner Week*	November 11-17, 2018

**Dates change annually*

Bring it On...



**Practice Questions
to Prepare
for the NNP
Certification Exam**

1. An infant presents with irritability, tremors, IUGR, tachycardia, and hyperthermia. The most likely diagnosis for this condition is:
 - A. Hypothyroidism
 - B. Hyperthyroidism
 - C. Adrenal Hyperplasia

2. Duodenal atresia is commonly associated with which genetic condition?
 - A. Trisomy 21
 - B. DiGeorge Syndrome
 - C. Trisomy 13

3. Neonates with alloimmune thrombocytopenia often have accelerated clearance of platelets until anti-platelet antibodies are removed. This is frequently treated with _____ during the first few weeks of life.
 - A. Banked platelet transfusions
 - B. Exchange transfusions
 - C. Maternal platelet transfusions

Answers on page 6

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